

Volunteers make our communities stronger

THE AIRBORNE & SPECIAL OPERATIONS MUSEUM

This downtown Fayetteville museum needs volunteers to work in visitor services, exhibits, the gallery and theater. Various shifts are available. Call Paul Galloway at (910) 483-3003, ext. 225.

AMERICAN RED CROSS, HIGHLANDS CHAPTER

Would you like to volunteer for administrative functions, teach safety and preparedness classes, host blood drives, assist area families who experience a home fire or other disaster, and help market the local chapter's services? Call (910) 867-8151.

ANIMAL ADVOCATES OF MOORE COUNTY, INC.

A no-kill animal rescue group seeks dedicated volunteers who love to walk dogs and clean cat kennels. AAMC is at Aberdeen PetsMart 9 a.m. to 9 p.m. daily. Need people

to sign up for two hours to talk to customers about our cats. Call Patty at (910) 944-5098.

ARMED SERVICES YMCA

Volunteers are needed for:

- **Operation Kid Comfort:** Sew and assemble quilts and pillows for the children of deployed soldiers. Class available. Hours are Thursday, 9 a.m. to 2 p.m., and Friday, 9 a.m. to 1 p.m. Once this is done, volunteers can sew any day of the week, or check out quilts to work from home.

- **Baby Bundles:** Volunteers can deliver the baby items to Womack on a daily basis before 10:30 a.m. We also need help with the assembly of the bundles. This is done once a month at 10 a.m. at the office on the fourth Thursday. Call (910) 436-0500, or visit www.braggasyymca.org.

BETTER HEALTH OF CUMBERLAND COUNTY

Better Health is seeking volunteers to

welcome and check-in diabetic clinic clients, help with administrative duties, perform indoor and outdoor maintenance and repairs, lead exercise classes and assist with bulk mailings. Health-care professionals who can teach diabetic-management classes also are needed. Call Judy Klinck at (910) 483-7534.

CAPE FEAR VALLEY MEDICAL CENTER

Adult volunteers are needed in many areas of Cape Fear Valley Medical Center and Highsmith-Rainey Memorial Hospital. Duties vary, from assisting patients and family members in the emergency department, to escorting patients or providing clerical support. Day, evening and weekend shifts are available. Call Nancy Roach at (910) 609-6747.

THE CARE CLINIC

Volunteers provide free basic medical and dental care for uninsured, low-income

adult residents of Cumberland County. Needed: physicians, physician assistants, pharmacists, pharmacy technicians, nurses, nurse practitioners, CNAs, dentists, dental assistants, chiropractors and social workers. Call Cathy Ory at (910) 485-0555.

THE CHILD ADVOCACY CENTER

The Child Advocacy Center of Fayetteville needs volunteers to help with events, programs and general office assistance. The center is a safe place for families, where all resources and agencies in Cumberland County come together to help children and families suffering from child abuse. CAC also provides education on detecting and preventing child abuse. Call (910) 486-9700.

COMMUNITY HOME CARE & HOSPICE

Special people are needed to visit

patients with life-limiting illnesses. Training is provided, and volunteer schedules are flexible. Call Glenda Piekarski-Hunt at (910) 323-9816.

CONTACT OF FAYETTEVILLE INC.

Telephone help needed with 24-hour crisis line. Training is provided. Call (910) 483-8970.

CUMBERLAND COUNTY COORDINATING COUNCIL ON OLDER ADULTS

Volunteers are sought for telephone reassurance and to deliver meals. Call (910) 484-0111, ext. 228.

THE FAIRY GODMOTHERS

Cheerful volunteers are needed to knit, crochet, and sew tiny garments for premature babies at Cape Fear Valley Medical Center and Womack Army Medical Center. The Fairy Godmothers also need help making "chemo" hats for cancer patients and baby and

lap robes for those who are wheelchair bound. Call Gail Walsh at (910) 678-9999.

FAYETTEVILLE ANIMAL PROTECTION SOCIETY

No-kill animal shelter seeks animal-loving volunteers to care for dogs and cats. Also: Answer phones; assist with newsletter mailings; do yardwork and mow lawn; and help out with fund-raising events in the community. Foster homes also are needed for animals. Call Monica at (910) 864-9040.

FAYETTEVILLE AREA HABITAT FOR HUMANITY

Volunteers construct houses for needy families. Call Eileen Hatch at (910) 483-0952.

FAYETTEVILLE URBAN MINISTRY

The Adult Literacy Program of Fayetteville Urban Ministry needs volunteers to teach basic reading and writing skills. Classes and